

WARREN SENIOR CENTER

P.O. BOX 428, 2252 MAIN ST., WEST WARREN, MA. 01092 413-436-5662 - WWW.WARREN-MA.GOV

EMAIL: WARREN_SENIORCENTER@COMCAST.NET - ELDER BUS SERVICE: 1-800-321-0243

MISSION STATEMENT: The mission of the Warren Council on Aging is to identify the needs of the elders in our community, provide preventative health and educational programs, social and recreation activities and give assistance to the homebound through referrals.

"This institution is an equal opportunity provider, and employer."

SEPTEMBER 2020

DIRECTOR'S DESK

As we say goodbye to a hot, dry, confining summer. We have high hopes that the Fall will bring cooler, more normal weather and social conditions. Here at the Center we are trying very hard to bring as many social programs to you as we can, to maintain everyone's safety. We will be doing another Kayaking with the Directors, as the first one was so much fun! Our walking group will be taking a field trip to the beautiful Lucy Stone Park, and we are running Bingo out in our parking lot. We will be doing a gentle hike in the Berkshires early in October, and any suggestions or ideas for things we can safely do are always welcome.

Stay safe! Sharon

Hours of Operation: Mon. – Fri. 8:00 am to 3:00 pm

UPCOMING EVENTS

SEPTEMBER 1... CENTER CLOSED FOR VOTING

SEPTEMBER 2...coffee & conversation 10:00 am

SEPTEMBER 7... no walking group

SEPTEMBER 8... tai chi 9:30

SEPTEMBER 9... coffee & conversation 10:00 am

SEPTEMBER 11...BINGO!!! Senior Center parking lot 1:00 pm

SEPTEMBER 14... kayaking with the Director 11:00 am at Lake Siog

SEPTEMBER 14...walking group 10:00 am

SEPTEMBER 15... tai chi 9:30

SEPTEMBER 16...coffee & conversation 10:00 am

SEPTEMBER 21...walking group 10:00 am field trip to Lucy Stone Park

SEPTEMBER 22... tai chi 9:30

SEPTEMBER 23...coffee & conversation 10:00 am

SEPTEMBER 28...walking group 10:00 am

SEPTEMBER 29...Tai Chi 9:30

SEPTEMBER 30...Coffee & conversation 10:00 am

SEPTEMBER 2020

PLEASE CALL US THE DAY BEFORE BY 2:00pm TO REQUEST A MEAL

Monday	Tuesday	Wednesday	Thursday	Friday
PLEASE CALL THE DAY BEFORE BY 2:00 TO ORDER A MEAL	1 Closed for Voting	Coffee & Conversation 10:00 am	3 SHEPARDS PIE & ROLL	4
7	8 HOT DOG BEANS & POTATO SALAD Tai Chi 9:30 am	Coffee & Conversation 10:00 am	GARDEN SALAD AMERICAN CHOP SUEY & GARLIC BREAD	11 BINGO 1:00 pm
14 Walking Group 10:00 am	15 CLUB SANDWICH & CHIPS Tai Chi 9:30 am	Coffee & Conversation 10:00 am	PORK LOIN POTATO VEGETABLE & ROLL	18
Walking Group 10:00 am	22 GRILLED CHEESE & TOMATO SOUP Tai Chi 9:30 am	Coffee & Conversation 10:00 am	BAKED CHICKEN POTATO VEGETABLE & ROLL	25
28 Walking Group 10:00 am	29 PULLED PORK W/ROLL & MACARONI SALAD	30 Menu is subject to change without notice		



SEPTEMBER BIRTHDAY'S

9-2-RICHARD EDWARDS 9-2-JOANNE KENNEN 9-2-CLARENCE MAJOR 9-2-TRACEY MAZUR 9-2-JUDY PERRON 9-2-SONNY JACQUES 9-3-STANLEY SOLTYS 9-6-KATHY BANAS 9-9-CONNIE CLOUGH 9-12-BEVERLY SOLTYS 9-15-LINDA BEAUDRY 9-16-PAUL BERNARD 9-19-FRED ZULKIEVICZ* 9-23-LOIS PRATTER 9-26-ROY BEAUDRY 9-26-SHIRLEY CONN 9-26-ROBERT KELLEHER 9-26-SHERRY O'NEIL 9-27-IRENE ROBITAILLE 9-28-SANDRA BREEN 9-28-BOB DUQUETTE

Coffee and Conversation

social group on Wednesday mornings, at 10:00 am. We meet outside in the parking lot, (a tent is put up when it rains). We will have coffee, tea, and light refreshments, and lots of conversation!

Walking Group

We welcome you to our walking group on Mondays at 10:00 am, we meet at the Warren Senior Center outside, and we walk to the park, and around the neighborhood. It's a great way to get in some exercise, and a visit! Monday the 7th we will be closed, and Monday the 21st we will be going to Lucy Stone Park for our walk, it will be a nice change of scenery!

KAYAKING WITH THE DIRECTORS

September 14th at 11:00 on Lake Siog in Holland. If you need a kayak to use or for more information, please call the

Warren Senior Center and we will try to find one for you. We had an AMAZING time last month!

*Everyone having Birthdays during this pandemic will receive their free birthday meal when we reopen to the public

Volunteer Corner

Another month with sooo many volunteers to thank!! Al Dimo helped tremendously, especially getting our Van up and running again!! Peggy Robidoux, Julie Vadnais and Joyce Stuart were irreplaceable helping the Fabulous Gail Winders who has taken over the cooking while our cook recuperates. A special THANK YOU to Katie Mellon for helping in the kitchen, but for letting us use her kayaks for our water adventure! Thank you all for your very much appreciated help!!!

BINGO

Bingo is back!!! September 11th at 1:00 pm, we are having a special Bingo outside in our parking lot. We will be using paper cards so bring your daubers! We will have some available for purchase if you need one. Light refreshments will also be available. Please call the Warren Senior Center to sign up, sadly we will have to limit the number of people.

SENIOR CLUB NEWS

Senior Club Dues are due October 1, 2020. Please fill out this form and mail it to: Senior Club PO Box 428 West Warren Ma 01092 Thank you!!

Senior Club Membership	,	DATE OF BIRTH		
\$5.00 per year.	Month	Day	Year	
Donation to Senior Van \$_	Don	ation Account \$		
Nome				
Name				
NameAddress				

NEWSLETTER SAVIOR!

We want to give Sherman oil a HUGE THANK YOU for picking up the cost of our monthly newsletter!! For many years Fountain Fuel and Kathy Allard graciously paid the bill for us, and we are ecstatic that Sherman Oil is our new benefactor! THANK YOU!!! THANK YOU!!!

