



WARREN SENIOR CENTER

P.O. BOX 428, 2252 MAIN ST., WEST WARREN, MA. 01092

413-436-5662 - WWW.WARREN-MA.GOV

EMAIL: WARREN_SENIORCENTER@COMCAST.NET – ELDER BUS SERVICE: 1-800-321-0243

MISSION STATEMENT: The mission of the Warren Council on Aging is to identify the needs of the elders in our community, provide preventative health and educational programs, social and recreation activities and give assistance to the homebound through referrals.

“This institution is an equal opportunity provider, and employer.”

OCTOBER 2020

DIRECTOR'S DESK

I absolutely love October! The beautiful colors, the cool crisp air, and the abundance of fall foods. It looks and smells the same, but unfortunately, it's not. We remain closed to the public. We are doing our best to bring you as much as we can while continuing to ensure your safety. We are still providing medical rides, and help with social services as well as outdoor activities. We will have to wait and see what the cold weather brings, and face those challenges as they come.

Stay safe!
Sharon



Hours of Operation: Mon. – Fri. 8:00 am
to 3:00 pm

UPCOMING EVENTS

- OCT 5...Hiking in the Berkshires Call to sign up
- OCT 6...Tai Chi 9 :30
- OCT 7... coffee and conversation 10:00
- OCT 12... **CENTER CLOSED for CULUMBUS DAY**
- Walking group 10:00 am
- OCT 13... Tai Chi 9:30
- OCT 14... coffee & conversation 10:00 am
- OCT 15...Pastel Paint with Greg Maichack, time to be announced sign up required
- OCT 19...walking group 10:00 am
- OCT 19... Flu Clinic Call for appointment
- OCT 20... tai chi 9:30
- OCT 21... coffee & conversation 10:00 am
- OCT 26... Walking group 10:00 am
- OCT 27... Tai Chi 9:30
- OCT 28... Coffee & conversation 10:00 am
- OCT 31...**HAPPY HALLOWEEN!!!**



OCTOBER 2020

PLEASE CALL US THE DAY BEFORE BY 2:00pm TO REQUEST A MEAL

Monday	Tuesday	Wednesday	Thursday	Friday
PLEASE CALL THE DAY BEFORE BY 2:00 TO ORDER A MEAL	Menu is subject to change without notice	Coffee & Conversation 10:00 am	1 POT ROAST POTATO, CARROTS & ROLL	2
5 Walking Group 10:00 am	6 GARDEN SALAD LASAGNA & ROLL Tai Chi 9:30 am	7 Coffee & Conversation 10:00 am	8 HAM BEANS PASTA SALAD & ROLL	9
12 closed	13 CHILLI & CORN BREAD Tai Chi 9:30 am	14 10:00 am Coffee & Conversation 10:00 am	15 BAKED CHICKEN POTATO SALAD VEGETABLE & ROLL	16
19 Walking Group 10:00 am	20 CHICKEN PARMESAN W/SPAGHETTI & GARLIC BREAD Tai Chi 9:30 am	21 Coffee & Conversation 10:00 am	22 TUNA CASSEROLE VEGETABLE & ROLL	23
26 Walking Group 10:00 am	27 QUICHE Tai Chi 9:30 am	28 Coffee & Conversation 10:00 am	29 STUFFED PEPPER & ROLL	30



OCTOBER BIRTHDAY'S

10-1-MARY CARTER
 10-1-PAUL YOUNG
 10-3-CLAIRE JONES
 10-3-GLORIA MAYOTTE
 10-4-GARY ODIORNE
 10-4-ALICE-AMY
 SKOWYRA*

10-10-LILLIAN KEYS
 10-20-DOROTHY J. DIMO
 10-23-JOAN LYNCH
 10-23-KATHLEEN
 SAUNDERS
 10-26-JOHN PERRON
 10-27-CHESTER KURR

10-28-DAN MAZUR
 10-29-LINDA WROBEL
 10-31-SANDRA
 SOUTHWICK
 10-31-LILLIAN
 ZAWALSKI

*Everyone having Birthdays during this pandemic will receive their free birthday meal when we reopen to the public

Coffee and Conversation

Join us for our Coffee and Conversation social group on Wednesday mornings, at 10:00 am. We meet outside in the parking lot, (a tent is put up when it rains). We will have coffee, tea, light refreshments, and lots of conversation!



Walking Group

We welcome you to our walking group on Mondays at 10:00 am. You just never know what adventure awaits! We had a fantastic time on our trip to Lucy Stone Park! We enjoyed exploring both sides of the park, then decided to take a side trip to Lucy Stones birth place! It was very interesting, but left us with a few questions. Lisa had a wonderful idea to go to the source and consult Tim O' Brian. He said he would be happy to appease our curiosity. Our next trip there, we should have the answers we seek. Whether we are walking in the neighborhood, or taking a field trip, we

always have a great time. Monday the 5th we will be taking our group Hiking in the Berkshires! This will be a nice change of pace, and there is a trail for every level of hiker. Whether you are a seasoned hiker, beginner, or only walk ten feet, you will enjoy the beautiful surroundings! Please sign up by calling the Warren Senior Center, space is limited!

FLU CLINIC

Walgreens will again be here for a flu clinic on October 19, from 12:30 to 2:00 pm. Sign up is required. Please call the Warren Senior Center at 413-436-5662 for an appointment.



HALLOWEEN

For Halloween this year, we will be celebrating a little different. We will be greeting you at our curbside lunch in costume, and anyone picking up their lunch wearing a costume will get a surprise!!



Pastel Paint with Greg Maichack

“Jean Francois Millet’s **Dandelions: *How to Pastel Paint.***” On October 15 in the Warren Senior Center Parking lot, sign up is required! Space is limited. this is a free class all materials and snacks included this program is supported by a grant from the Warren Cultural Council, a local agency which is supported by the Massachusetts Cultural Council, a state agency



Volunteer Corner

We are extremely thankful for all of our volunteers. It’s incredibly hard to pick just one! This month we want to say a HUGE THANK YOU to Stephen Mellen!! It’s wonderful to have the younger generation be so helpful! He effortlessly hoisted the many many many tables and chairs outside for bingo, and came back to hall them back in! He also loaned and lifted the kayaks for us, and he did it all with a big smile ☺ !! THANK YOU!!!

THANK YOU!!

We want to say a few special thank you’s to a few special people. Jimmy McKeon for going out of his way to borrow a sound system and set up cones and barriers for our Bingo, as well as taking excellent care of our grounds. Lisa Mundel for being a fantastic tour guide for our walking group, and our usual volunteers for helping out with lunch and a million other things too numerous to list.

THANK YOU!!!!



