



# WARREN SENIOR CENTER

P.O. BOX 428, 2252 MAIN ST., WEST WARREN, MA 01092

413-436-5662 – [WWW.WARREN-MA.GOV](http://WWW.WARREN-MA.GOV)

EMAIL: [COA@WARREN-MA.GOV](mailto:COA@WARREN-MA.GOV) – ELDER BUS SERVICE: 1-800-321-0243

QUABOAG CONNECTOR 413-544-3401

**MISSION STATEMENT:** The mission of the Warren Council of Aging is to identify the needs of the elders in our community, provide preventative health and educational programs, social and recreation activities and give assistance to the homebound through referrals.

“This institution is an equal opportunity provider, and employer.”

## MAY 2023

### THE DIRECTOR'S DESK

May is one of my favorite months! The weather is wonderful, the flowers and trees are up from their winter slumber.

adding beauty and a sweet smell to the air and we honor some of the most important people in our lives. Our Veterans and our mothers.

Flowers represent life and fertility and are the perfect gift for mom. We also use flowers to decorate and honor our Veterans graves on Memorial Day, which started out as Decoration Day. I can't think of a better time to honor the most important people in our lives than May.

### UPCOMING EVENTS

**MAY 1...May Day**

**MAY 2...Center closed for Voting**

**MAY 5...** Silver Screen 12:30 pm.

**MAY 8...**Foot Care appointment required

**MAY 14...Happy Mother's Day!!**

**MAY 23...**Senator Oliveira's office hours 11:30-12:30

**MAY 25...**Birthday Party.

**MAY 28...**Memorial Day Parade

**MAY 29...Center Closed in honor of Memorial Day**

Happy Mother's Day!  
Sharon



Hours of Operation: Mon. – Fri. 8:00 am to 3:00 pm



## MAY BIRTHDAY'S

\*denotes age 90 and over

5-3-TOM SHEA  
5-5 – DENNIS MOREL  
5-7 –DONALD BARIL  
5-8-JOYCE BOULEAU  
5-27-THERESA SKOWYRA\*  
5-28-MARIE MATERA

5-8-BARBARA KEITH  
5-9-MARY JANE REGAN  
5-10-JAMES KENNON  
5-13-MARJORIE MARIER  
5-30-ALICE LEAS\*  
5-31-CAROL KELLEHER

5-14-EDWARD WYNGOWSKI  
5-16-PAULA KEEFE  
5-18-CLARA TETREULT  
5-25-EDWARD MCKEON

### COUNCIL ON AGING

There are two (2) openings for the Council on Aging. Interested individuals must submit a letter of interest by May 12, 2023 to Warren Council on Aging, PO Box 428, West Warren, Ma 01092. The Council on Aging will select the best candidates for the positions. The names are then submitted to the Selectmen for final approval.

### Warren Seniors Silver Screen

We will be showing a movie on May 5<sup>th</sup> at 12:30. Light refreshments will be served. The majority will choose film.

### Birthday Party

Our May Birthday Party will be held on Thursday, May 25<sup>th</sup>. Sign up is required, cut off is Friday the 19<sup>th</sup> at 2:00. The Meal, Pork Loin, will be served at 11:45. Entertainment is "Paul Belanger".

This program is supported in part by a grant from the Warren Cultural Council, a local agency which is Supported by the Massachusetts Cultural Council, a state agency.



Our NEWSLETTER is now on-line on the town website. Go to [www.warren-ma.gov](http://www.warren-ma.gov) and click on **Senior Center Calendar** link.

**MAY 2023**

PLEASE CALL US THE DAY BEFORE BY 2:00 pm TO REQUEST A MEAL



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 MEATBALL GRINDER & CHIPS Pitch 12:30 pm	2 <b>CLOSED FOR VOTTING</b>	3 PANCAKES SAUSAGE & FRUIT SALAD Bingo 12:30	4 CLAM CHOWDER & TUNA ROLLS Whist 12:30	5 Cinco de Mayo Chef Surprise
8 SOUP & SANDWICH Pitch 12:30 pm	9 GARDEN SALAD AMERICAN CHOP SEUY & ROLL Tai Chi 10:30 Cribbage 12:30 pm	10 PORK CHOPS POTATO VEGETABLE & ROLL Bingo 12:30	11 BEEF STEW & BISCUIT Whist 12:30	12 SOUP CHEF SALAD & ROLL
15 GARDEN SALAD RAVIOLI & ROLL Pitch 12:30 pm	16 BAKED CHICKEN POTATO VEGETABLE & ROLL Tai Chi 10:30 Cribbage 12:30 pm	17 BAKED FISH RICE VEGETABLE & ROLL Bingo 12:30	18 HAM BURGERS W/LET & TOM & FRIES Whist 12:30	19 QUICHE FRUIT SALAD & ROLL
22 CHILI & CORN BREAD Pitch 12:30 pm	23 CREAMED SALMON OVER POTATOES VEGETABLE & ROLL Tai Chi 10:30 Cribbage 12:30 pm	24 HOT DOGS W/ROLL BAKED BEANS & COLE SLAW  Bingo 12:30	25 <b>B-DAY PARTY</b> <b>PORK LOIN SWEET</b> <b>POTATO VEGETABLE</b> <b>&amp; ROLL</b> Whist 12:30	26 CHEF SURPRISE  
29 CLOSED FOR MEMORIAL DAY	30 GARDEN SALAD PIZZA  Tai Chi 10:30 Cribbage 12:30 pm	31 CABBAGE SOUP KIELBASA NOODLES & RYE BREAD Bingo 12:30	<b>PLEASE CALL THE DAY BEFORE BY 2:00 TO ORDER A MEAL.</b>	Dessert, milk & coffee included with meal.  Menu is subject to change without notice.



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## In Flanders Fields



By John McCrae

In Flanders fields the poppies blow  
Between the crosses, row on row,  
That mark our place;  
and in the sky  
The larks, still bravely singing, fly  
Scarce heard amid the guns below.  
We are the Dead. Short days ago  
We lived, felt dawn,  
saw sunset glow,  
Loved and were loved,  
and now we lie,  
In Flanders fields.  
Take up our quarrel with the foe:  
To you from failing hands we throw  
The torch; be yours to hold it high.  
If ye break faith with us who die  
We shall not sleep,  
though poppies grow  
In Flanders fields.

## Podiatry Clinic

Foot Clinic Includes 20-30 minuet appointment, trimming of toenails, sanding corns and calluses, relieving in-grown toenails that are NOT infected, gentle massage, plan of care for any problem areas, and referral to Podiatrist if necessary.  
Foot Clinic \$28.00 Home Visit: \$55.00 by appointment

## VOLUNTEER CORNER

Here at the Warren Senior Center, we have a few thoughtful, devoted volunteers that help to keep our Center running. Enola Reynolds is one of those volunteers. She is a bundle of boundless energy and tackles projects big and small with the same exuberance. Thank you, Enola!!!

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This publication is administered by the Warren Council on Aging and printed with funds from our advertiser. Although the WCOA cannot endorse the advertiser, We ask that you patronize their business.



### Council on Aging Executive Board

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Cathy Duncan, Transportation (Temp.)  
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