



# WARREN SENIOR CENTER

P.O. BOX 428, 2252 MAIN ST., WEST WARREN, MA 01092

413-436-5662 – [WWW.WARREN-MA.GOV](http://WWW.WARREN-MA.GOV)

EMAIL: [COA@WARREN-MA.GOV](mailto:COA@WARREN-MA.GOV) – ELDER BUS SERVICE: 1-800-321-0243

QUABOAG CONNECTOR 413-544-3401

**MISSION STATEMENT:** The mission of the Warren Council of Aging is to identify the needs of the elders in our community, provide preventative health and educational programs, social and recreation activities and give assistance to the homebound through referrals.

“This institution is an equal opportunity provider, and employer.”

## MARCH 2023

### THE DIRECTOR'S DESK

As I sit here writing this month's Directors Desk, I can hear so much merry making in our dining room. Our Quaboag Regional School Student Council, Cooking Club, and Party Planning Club have blown us away with amazing decorations, food that was out of this world and the music, Noah Lis, had us all dancing! It is such a treat to see how happy everyone is, not only our Seniors, but the students enjoyed doing this as well. The Seniors were impressed with how courteous, helpful and professional they were. It was such a joy seeing the generations interact.

Keep smiling!! Sharon



### UPCOMING EVENTS

**MARCH 10..** Quilting with Pam Rozzen 12:30.

Please call the Senior Center for details.

**MARCH 12..** Daylight Savings Time begins,  
(Set clocks ahead one hour).

**MARCH 16..** Birthday Party.

**MARCH 17..** Warren Silver Screen at the  
Warren Senior Center 12:30 PM.

**MARCH 21..** State 911 Dept. is giving a  
presentation at The Warren Senior Center  
at 11:00 am.

**MARCH 28..** Senator Oliveira Office hours at the  
Warren Senior Center from 11:30-12:30.



Hours of Operation: Mon – Fri. 8:00 am to 3:00 pm



# MARCH BIRTHDAY'S

\*denotes age over 90

3-1-BOB PRATTER  
 3-3-CAROL CHRISTIANSEN  
 3-6-CHERYL OLSEN  
 3-6-DORIS STEWART  
 3-10-SARA BLACKWELL

3-10-DONALD ROBIDOUX  
 3-12-BEVERLY RUSSELLE  
 3-13-GERALDINE MCKEON  
 3-13-ROMONA DORNAN  
 3-14-DENNIS DESAUTELS  
 3-14-VERNON KEITH  
 3-15-JANE DOLAN

3-17-LINDA ZALATORES  
 3-18-JENNY ROSIER  
 3-18-JULIE VADNAIS  
 3-24-SHEILA FRANCESLKETTI \*  
 3-26-ELLIOT BLACKWELL  
 3-27-NANCY FORTE  
 3-30-ELLAMAE SHOURN

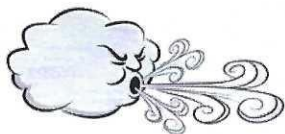
## QUILTING With Pam Rozzen

Pam Rozzen will be teaching a beginner quilting class at the Warren Senior Center on March 10th at 12:30. We will be making a basket. Please call the Senior Center for more details, cost and supplies needed. 413-436-5662.

## Birthday Party

Our March Birthday Party will be held on Thursday, March 16<sup>th</sup>. Sign up is required, cut off is Friday the 10th at 2:00. The Meal, Corned Beef dinner will be served at 11:45, entertainment is by Wayne Paige.

\*This program is supported in part by a grant from the Warren Cultural Council, a local agency which is Supported by the Massachusetts Cultural Council, a state agency.



## VOLUNTEER CORNER

We are extremely thankful for all of our volunteers. Gail and I are personally thankful for Dave Mellon. He helped us bring in the over abundant donations from Hannaford's during the arctic blast of weather we had last month. Thank you, Dave, we would have frozen to death without you!!

## Warren Seniors Silver Screen

We will be showing a movie on March 17th at 12:30. Light refreshments will be served.

## FUEL ASSISTANCE

Fuel assistance is available to those who qualify. If you would like to apply, please call the Worcester Community Action Council at 508-754-1176. You can request an appointment at the Warren Senior Center.

Our NEWSLETTER is now on-line on the town website.  
 Go to [www.warren-ma.gov](http://www.warren-ma.gov) and click on **Senior Center Calendar** link.



# MARCH 2023

PLEASE CALL US THE DAY BEFORE **BY 2:00 pm** TO REQUEST A MEAL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>PLEASE CALL THE DAY BEFORE BY 2:00 TO ORDER A MEAL.</b></p>	<p>Menu is subject to change without notice. Dessert, milk &amp; coffee included with meal.</p>	<p>1 GARDEN SALAD PASTA W/MEAT SAUCE &amp; ROLL</p> <p>Bingo 12:30</p>	<p>2 FRENCH ONION SOUP &amp; SANDWICH</p>	<p>3 TUNA NOODLE CASSEROLE VEGETABLE &amp; ROLL</p>
	<p>6 TOMATO &amp; RICE SOUP GRILLED HAM &amp; CHEESE SANDWICH</p> <p>Pitch 12:30 pm</p>	<p>7 CHEF SURPRISE</p>  <p>Tai Chi 10:30 am Cribbage 1 pm</p>	<p>8 SLOPPY JOE W/ROLL FRIES</p> <p>Bingo 12:30</p>	<p>9 CREAMED SALMON OVER MASHED POTATO, VEGETABLE &amp; ROLL</p>
<p>13 GARDEN SALAD &amp; PIZZA</p> <p>Pitch 12:30 pm</p>	<p>14 BAKED CHICKEN BUTTERED NOODLES VEGETABLE &amp; ROLL</p> <p>Tai Chi 10:30 am Cribbage 1 pm</p>	<p>15 HOT DOGS W/ROLL BAKED BEANS &amp; COLE SLAW</p> <p>Bingo 12:30</p>	<p>16 <b>B-DAY PARTY CORNEB BEEF &amp; CABBAGE DINNER</b></p>	<p>17 CHEF SURPRISE</p> 
<p>20 COLD CUT GRINDER CHIPS &amp; PICKLE</p> <p>Pitch 12:30 pm</p>	<p>21 GARDEN SALAD SPAGHETTI W/SAUSAGE &amp; ROLL</p> <p>Tai Chi 10:30 am Cribbage 1 pm</p>	<p>22 PORK CHOPS RICE VEGETABLE &amp; ROLL</p> <p>Bingo 12:30</p>	<p>23 VEGETABLE SOUP &amp; HAMBURGERS</p>	<p>24 BAKED FISH RICE VEGETABLE &amp; ROLL</p>
<p>27 TACO CASSEROLE &amp; ROLL</p> <p>Pitch 12:30 pm</p>	<p>28 PEA SOUP &amp; SANDWICH</p> <p>Tai Chi 10:30 am Cribbage 1 pm</p>	<p>29 MEATLOAF POTATO VEGETABLE &amp; ROLL</p> <p>Bingo 12:30</p>	<p>30 LAZY GOLUMPKI KIELBASA VEGETABLE &amp; RYE BREAD</p>	<p>31 GARDEN SALAD MACARONI &amp; CHEESE &amp; ROLL</p>



# SHERMAN OIL

*Ensuring Comfort and Service Since 1962*

## 508.867.7447

## STATE 911 DEPT.

On March 21<sup>st</sup> at 11:00 at the Warren Senior Center, The State 911 Department would like to make you aware of an exciting program that could greatly benefit you or members of your family. This program is the Massachusetts Equipment Distribution Program or more commonly referred to as MassEDP.

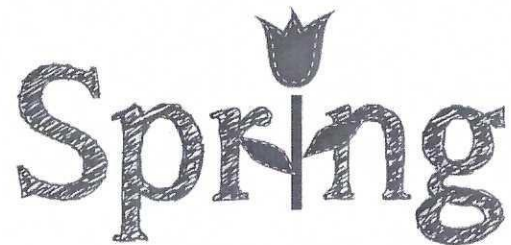
MassEDP provides adaptive telephone equipment to people who have difficulty using the telephone due to issues such as hearing loss or vision loss. This enables you to have the opportunity to enjoy clear, independent phone communications and the ability to contact 911 in the event of an emergency. The specialized telephone equipment is offered to people with a permanent disability for little or no cost, depending on income level. These disabilities include: deaf/hard of hearing, blind/low vision, motion, cognitive, and speech.

There are three eligibility requirements:

1. Residency in Massachusetts
2. Permanent disability that can be verified by a MA physician
3. Residential phone service

There are several different types of equipment, each offering special benefits based on disability. MassEDP Field Advisors are available for on-site presentations at your facility.

For more information and a complete list of equipment, please visit [www.massEDP.com](http://www.massEDP.com) or call 1-800-300-5658.



Spring

---

Postage is paid in part with grant money from the Formula Grant. This publication is administered by the Warren Council on Aging and printed with funds from our advertiser. Although the WCOA cannot endorse the advertiser, we ask that you patronize their business.



### **Council on Aging Executive Board**

Cathy Duncan, Chairman  
Julie Vadnais, Vice Chair  
Katie Mellen, Recording Secretary  
Joyce Stuart, Treasurer  
Mary Jane Adam  
Barbara Keith  
Al Dimo

### **Senior Center Staff**

Sharon Meli, Director/Editor  
Jonathan Dusty, Lunch Coordinator  
Gail Winders, General Office Helper  
Cathy Duncan, Transportation (Temp.)  
John Mielowski, Custodian

Warren Senior Center  
P. O. Box 428  
West Warren, MA 01092