



WARREN SENIOR CENTER

P.O. BOX 428, 2252 MAIN ST., WEST WARREN, MA 01092

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EMAIL: COA@WARREN-MA.GOV – ELDER BUS SERVICE: 1-800-321-0243

QUABOAG CONNECTOR 413-544-3401

MISSION STATEMENT: The mission of the Warren Council of Aging is to identify the needs of the elders in our community, provide preventative health and educational programs, social and recreation activities and give assistance to the homebound through referrals.

“This institution is an equal opportunity provider, and employer.”

JULY 2023

THE DIRECTOR'S DESK

July comes in with a bang as we celebrate our independence. The summer is in full swing here at the Center! Our Craft Social has taken off! It's wonderful to hear them happily chattering away as they work on their projects. Everyone is welcome, and the projects vary. If you have something you're working on, but are having a hard time finishing it, bring it in and join us, it'll get done before you know it! Those of you with a sweet tooth won't want to miss our Town Administrators Ice Cream Social! It is going to be absolutely delicious!

Keep smiling!!
Sharon



UPCOMING EVENTS

- JULY 4.....**Center closed for Independence Day.
- JULY 10...**Podiatry Clinic, please call for an appointment.
- JULY 14...**Silver Screen 12:30 pm.
- JULY 19...**COA Meeting at the Warren Senior Center at 10:00 AM.
- JULY 19...**First annual Town Administrators Ice Cream Social 12:00 PM. Sign-up is required.
- JULY 27...** Birthday Party.



Hours of Operation: Mon – Fri. 8:00 am to 3:00 pm



JULY BIRTHDAY'S

*denotes age 90 and over

7-2 – CHERYL GAGNON
7-2 – KATHY ODIORNE

7-6 – SHIRLEY BLONDIN*
7-8 – DIANE MOREL
7-11 – DOT STEIGER
7-18 – ANDREA BLOUIN

7-18 – ROSE JACQUES
7-21 – BARBARA HASTINGS
7-28 – MARILYN WOODWORTH
7-30 – DOROTHY SCHNIEDER*

TOWN ADMINISTRATORS ICE CREAM SOCIAL



Come join us for a special treat! Town Administrator Jim Ferrera is hosting the first annual Ice Cream Social, at the Warren Senior Center on July 19th at 12:00 pm.

Come satisfy your sweet tooth and get your ice cream scooped by our Town Administrator! Courtesy of Jim Ferrera. Sign up is required, cut off is Friday, July 14th. Sign-up sheet is at the Warren Senior Center.

Warren Seniors Silver Screen

We will be showing a movie on July 14th at 12:30. Light refreshments will be served. Majority will choose film.



CRAFT SOCIAL with Pam Rozzen

We have been having a wonderful time quilting with Pam, some of us will still be quilting, but we are inviting you all to bring your own crafts and get them done together! We meet every other Friday at 12:30. Come have some fun!!

Birthday Party

Our July Birthday Party will be held on Thursday, July 27th. Sign up is required, cut off is Thursday the 20th at 2:00. The Meal, Chicken BBQ, will be served at 11:45. Entertainment is "Noah Liss".




This program is supported in part by a grant from the Warren Cultural Council, a local agency which is Supported by the Massachusetts Cultural Council, a state agency.



Our NEWSLETTER is now on-line on the town website.
Go to www.warren-ma.gov and click on **Senior Center Calendar** link.

JULY 2023

PLEASE CALL US THE DAY BEFORE BY 2:00 pm TO REQUEST A MEAL

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3 HOT TURKEY OPEN FACED SANDWICH STUFFING & VEGETABLE Pitch 12:30 pm</p>	<p>4 CENTER CLOSED </p>	<p>5 CLAM CHOWDER & TUNA SANDWICH Bingo 12:30</p>	<p>6 KIELBASA CABBAGE&NOODLES VEGETABLE & RYE BREAD Whist 12:30</p>	<p>7 BLT CHIPS & PICKLE</p>
<p>10 MEATBALL GRINDER CHIPS & PICKLE Pitch 12:30 pm</p>	<p>11 PORK CHOP POTATO, VEGETABLE & ROLL Tai Chi 10:30 am Cribbage 12:30 pm</p>	<p>12 TOMATO SOUP & GRILLED CHEESE SANDWICH Bingo 12:30</p>	<p>13 QUICHE THREE BEAN SALAD & ROLL Whist 12:30</p>	<p>14 TUNA CASSEROLE VEGETABLE & ROLL Craft Social 12:30</p>
<p>17 HAMBURGERS W/ROLL, LETTUCE, TOMATO & MACARONI SALAD Pitch 12:30 pm</p>	<p>18 GARDEN SALAD CHICKEN POT PIE & ROLL Tai Chi 10:30 am Cribbage 12:30 pm</p>	<p>19 GARDEN SALAD SHEPHERDS PIE & ROLL Bingo 12:30</p>	<p>20 FISH POTATOES VEGETABLE & ROLL Whist 12:30</p>	<p>21 SAUSAGE & GRAVY OVER BISCUITS & FRUIT SALAD</p>
<p>24 GARDEN SALAD BAKED ZITI & ROLL Pitch 12:30 pm</p>	<p>25 HOT DOGS W/ROLL BAKED BEANS & COLE SLAW Tai Chi 10:30 am Cribbage 12:30 pm</p>	<p>26 GARDEN SALAD PIZZA Bingo 12:30</p>	<p>27 BIRTHDAY PARTY CHICKEN BBQ</p>	<p>28 CHEF SURPRISE  Craft Social 12:30</p>
<p>31 GARDEN SALAD CHILI & CORN BREAD Pitch 12:30 pm</p>	<p>Menu is subject to change without notice.</p>	<p>Dessert, milk & coffee included with meal.</p>		<p>PLEASE CALL THE DAY BEFORE BY 2:00 TO ORDER A MEAL.</p>



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VOLUNTEER CORNER

Here at the Warren Senior Center, we are fortunate to have many devoted volunteers that keep our Center running smoothly. This month we would like to recognize Gail Winders. Gail is not only our General Helper; she is one of our top volunteers. She works exceptionally hard in all that she does. She out does herself every year with decorating our Center and did an amazing job with our van for the Memorial Day Parade. The amount of time and effort she puts into our Center is appreciated more than she'll ever know.



WHIST PARTY & PENNY SALE

Warren Senior Club is hosting a Whist party & Penny sale on August 17th at the Warren Senior Center.

Penny sale starts at 3 PM, Whist starts at 7:00 PM. Lunch to follow, donation of .99 cents, please sign-up in advance.

Podiatry Clinic

Foot Clinic: *Includes* 20-30 minute appointment, trimming of toenails, sanding corns and calluses, relieving in-grown toenails that are NOT infected, gentle massage, plan of care for any problem areas, and referral to Podiatrist if necessary.

- Foot Clinic: \$28.00.
- Home Visit: \$55.00 by appointment.

Postage is paid in part with grant money from the Formula Grant.

This publication is administered by the Warren Council on Aging and printed with funds from our advertiser. Although the WCOA cannot endorse the advertiser, we ask that you patronize their business.



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