



Warren Senior Center News

P. O. Box 428, 2252 Main St., West Warren, MA 01092
413-436-5662 - www.warren-ma.gov

Email: warrensenior@verizon.net - Elder Bus Service: 1-800-321-0243

MISSION STATEMENT: The mission of the Warren Council on Aging is to identify the needs of the elders in our community, provide preventative health and educational programs, social and recreation activities and give assistance to the homebound through referrals.

"This institution is an equal opportunity provider, and employer."

January 2016

From the Director's Desk

While we are ringing in the New Year, and looking forward to all the exciting things that will be happening here at our Center in the coming months, I will spare some time to reflect on this past year, and all the fun and enjoyment we have had. It was a fantastic year, filled with support and new ideas for the future. I am thrilled at how many of you supported and participated in our new programs. We have had great response from the coloring program, thank you Tracy Mazur. I am very excited with all the suggestions we received from "Tea time with Loretta", and can't wait to start some new programs here! HAPPY NEW YEAR!!! Sharon



Upcoming Events

DEC 29... The North Brookfield Senior Center is sponsoring the Brimfield Hand Bell Choir at 10:30 am, lunch to follow at 12:00; cost is \$3.00 per person, details at the Warren Senior Center

JAN 1... Center Closed HAPPY NEW YEAR!!!

JAN 6... Coffee with the Chief of Police 10:30-11:30

JAN 8... Blood Pressure Clinic 11:30

JAN 11... Senior Adult Coloring Class 12:30 to 1:30 materials provided free co-sponsored by The Warren Public Library and the Warren Senior Center come relax!!

JAN 15... C.O.A. meeting 9:00

JAN 15... All ages coloring class 6:30 to 7:30pm materials provided free cosponsored by the Warren Library & the Warren Senior Center, come relax!!!!

JAN 18... Center closed in observance of Martin Luther King Day

JAN 28... Birthday Party, sign up is required, cut off is Friday, Jan 22th at 2:00 pm. Meal is served at 11:45, entertainment by "John Banach".

JAN 30... Knights of Columbus Winter Social

FEB 2... Foot care clinic - Call Warren Senior Center for appointment.

FEB 9... Heritage Hearing 12:00 to 2:00

**Warren Senior Center Hours:
Mon.-Fri. 8:00 a.m.-3:00 p.m.**

January Birthdays - *denotes age 90 and over

5- GLORIA KENNAN

9- RICHARD THOMPSON

11-EDMOND BOROWIER

12- PEGGY ROBIDOUX

13- JOEANNE CHRAPEK

17- PATRICIA MORRISON

22- RON RAYMOND

25- PAT MALLORY

29- IRENE LOVELY

29- HARRY GROUT

30- NANCY DUNN

31- WILLIAM KENYON



REMINDER

We are very happy to have so many new faces for lunch; we would just like to remind everyone to call in for lunch by 10:00 the morning of, unless otherwise specified, so that we have enough food for everyone. THANK YOU!

Senior Adult Coloring Class

Dec. 14th from 12:30 to 1:30, materials provided free! Join in the national coloring craze! Coloring isn't just for kids anymore! Sponsored by the Warren Public Library and the Warren Senior Center, come join the fun and relax with friends!!

Senior Club News

A BIG THANK YOU to all the volunteers that helped prepare, cook, serve and clean up the delicious dinner, as well as everyone that gave donations. We hope everyone enjoyed themselves and we can't wait for next year!!! A HUGE THANK YOU to Sandy, Amanda, and Nate, for volunteering their time to come down and entertain everyone, you were fantastic!!!!

Birthday Party

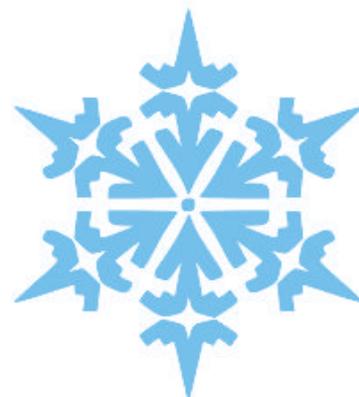
Our January Birthday Party will be held on Thursday Jan 28th. Sign up is required, cut off is Friday 22th at 2:00 pm. The meal, Stuffed Pork Chop, will be served at 11:45. Entertainment is by "John Banach".

FREE CHRISTMAS DINNER

Patty Lebouff would like to extend a BIG THANK YOU to all the volunteers and people that made donations to make this event a success.

REMINDER

Please do NOT park in front of the Village Market during the Birthday Party, or any event held here at the Senior Center. Thank You



Our NEWSLETTER is now on-line on the town website.



Go to **www.warren-ma.gov** and click on **Senior Center Calendar** link.

January 2016

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	The menu is subject to change without notice. All meals include dessert, milk & coffee.	Please call by 9 AM for lunch reservations. For Liver & Onion day please sign up the day before.		1 Center Closed HAPPY NEW YEAR!!!
4 ROASTED CHICKEN POTATOES VEGETABLES & ROLLS Pitch 5:45 pm	5 MEATLOAF MASHED POTATOES VEGETABLES & ROLLS Cribbage 1 pm	6 CHICKEN CROQUETTES POTATOES VEGETABLES & ROLLS Bingo 12:45 pm	7 GARDEN SALAD BEEF STEW & ROLLS Tai Chi 10:30 am Line Dancing 6:00	8 SALMON CASSEROLE VEGETABLE & ROLLS Bingo 1 pm
11 GARDEN SALAD HAMBURGERS OVEN FRIES & ROLLS Pitch 5:45 pm	12 LIVER & ONIONS OR SUBSTITUTE MASHED POTATOES VEG & ROLLS Cribbage 1 pm	13 GARDEN SALAD TACO CASSEROLE CORN & ROLLS Bingo 12:45 pm	14 GRILLED HAM BAKED POTATO VEGETABLE & ROLLS Tai Chi 10:30 am Line Dancing 6:00	15 MAC & CHEESE STEWED TOMATOES & ROLLS Bingo 1 pm
18 Center Closed MARTIN LUTHER KING DAY	19 SHEPARD'S PIE VEGETABLE ROLLS Cribbage 1 pm	20 HOT DOG ON A ROLL BAKED BEANS Bingo 12:45 pm	21 BIRTHDAY PARTY STUFFED PORK CHOP, POTATO VEGETABLE Cake & Ice Cream Tai Chi 10:30 am Line Dancing 6:00	22 Chef's Surprise Bingo 1 pm
25 BAKED CHICKEN RICE, MIXED VEGETABLE & ROLL Pitch 5:45 pm	26 GARDEN SALAD AMERICAN CHOP SUEY, ROLLS Cribbage 1 pm	27 GARDEN SALAD STEAK AND CHEESE GRINDERS Bingo 12:45 pm	28 JANIK KIELBASA POTATO VEGETABLE & ROLL Tai Chi 10:30 am Line Dancing 6:00	29 FISH AND CHIPS COLE SLAW, ROLLS Bingo 1 PM

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THANK YOU

A BIG Thank you to the following people and businesses for your generous donations: Country Bank for Savings, Fountain & Sons Fuel Co., Hair Studio & Day Spa, Janik Kielbasa from Enfield Conn. I would also like to recognize all the volunteers that have given their time to keep our center running so smoothly, some special thank you to: Garine Arakelian for continuing to help with the monthly newsletter, Douglas Lappin, Jenny Arsenault for calling bingo, Tom Shea, Ida Lizac, Al Dimo, Denise Morel, Armand Dimo, our Council on Aging and the Warren Police Association, Patty Lebuff. Sherry O'Neil, Micheal Castanguay, and Harry (Butch) Grout, Shirley Conn, Julie Vadnais, Loretta Beaudry and Connie Clough for all of your hard work and dedication. THANK YOU!!!!!!



Volunteer Corner

Our center is flourishing thanks to our dedicated volunteers. Every month we recognize a special volunteer that has gone above and beyond, and this month we recognize Gail Winders who has gone to the moon and back for our center. If Armand is the heart and soul of the center then Gail is the strong backbone that moves mountains to get things done. Thank you Gail for many jobs well done!!!!!!



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