



WARREN SENIOR CENTER

P.O. BOX 428, 2252 MAIN ST., WEST WARREN, MA. 01092

413-436-5662 - WWW.WARREN-MA.GOV

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MISSION STATEMENT: The mission of the Warren Council on Aging is to identify the needs of the elders in our community, provide preventative health and educational programs, social and recreation activities and give assistance to the homebound through referrals.

“This institution is an equal opportunity provider, and employer.”

MARCH 2016

THE DIRECTORS DESK

We have been very busy this month! We are happy to announce the arrival of our long awaited new front door. It is beautiful! We also added a new outreach worker, Maire-Brigid Bresnahan, with the help of John Zienowics and Tracy Mazur. A lot of time went into research and the grant writing process. We are very excited to have her! Her Warren hours are Tuesday and Thursday 8:00am-1:00pm. She also works full time at the Ware Senior Center. Maire is a Shine councilor, and is certified to help fill out applications for snap, fuel assistance, and housing. She is a perfect addition to our center.

HAPPY ST. PATRICKS DAY AND
HAPPY EASTER!!!! Sharon



Happy St. Patrick's Day!

UPCOMMING EVENTS

- March 1...**Center Closed for Voting
- March 2...**Coffee with the Chief 10:30-11:30
- March 7...**Foxwood trip
- March 8...**Public Safety Speech from the Worcester County Sheriff's Department 11:00
- March 13...** Daylight savings times don't forget to turn back your clocks!
- March 14...**Senior Adult coloring 12:30-1:30
- March 17...**HAPPY ST.PATRICKS DAY!
- March 18...**All ages coloring class 6:30-7:30
- March 27...**Easter Sunday
- March**Birthday Party Featuring “Country Duo” sign- up at the Warren Senior Center.
- April 3...** Free Spaghetti dinner from the Chief of Police
- April 14...** Whist Party and Penny sale

Hours of Operation: Mon. – Fri. 8:00 am to 3:00 pm

MARCH 2016

Please call in for lunch the morning of by 10:00 am, unless otherwise specified

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Menu is subject to change without notice</p> <p>Dessert, milk & coffee included with meal</p>	<p>1 Center Closed for voting</p>	<p>2 Tomato Soup Grilled Ham & Cheese Chips & Pickles</p> <p>Bingo 12:45 pm</p>	<p>3 Garden Salad Beef Stew Rolls</p> <p>Tia Chi 10:30 am Line Dancing 6:00</p>	<p>4 Creamed Salmon Over Rice Vegetable Rolls</p> <p>Bingo 1 PM</p>
<p>7 Turkey Ala King Buttered Noodles Vegetable Rolls</p> <p>Pitch 5:45 pm</p>	<p>8 LIVER & ONIONS OR SUBSTITUTE MASHED POTATOES VEG & ROLLS</p> <p>Cribbage 1 pm</p>	<p>9 Hot Dogs W/ Rolls Baked Beans & Oven Fries</p> <p>Bingo 12:45 pm</p>	<p>10 Soup & Salad Ham & Cheese Calzones</p> <p>Tia Chi 10:30 am Line Dancing 6:00</p>	<p>11 Garden Salad Mac & Cheese Rolls</p> <p>Bingo 1 PM</p>
<p>14 Garden Salad Enchilada Casserole Spanish Rice & Rolls</p> <p>Pitch 5:45 pm</p>	<p>15 Grilled Ham Baked Potato Vegetable & Rolls</p> <p>Cribbage 1 pm</p>	<p>16 Meat Loaf Mashed Potato Green beans & Roll</p> <p>Bingo 12:45 pm</p>	<p>17 Garden Salad Stuffed Cabbage Vegetable & Rye Bread</p> <p>Tia Chi 10:30 am Line Dancing 6:00</p>	<p>18 Fish & Chips Cole Slaw Corn & Rolls</p> <p>Bingo 1 PM</p>
<p>21 Tomato Soup Grilled Cheese Chips & Pickles</p> <p>Pitch 5:45 pm</p>	<p>22 Chicken Noodle Casserole & Rolls</p> <p>Cribbage 1 pm</p>	<p>23 Chicken Chow Mein w/Crunchy Noodles Mixed Vegetable</p> <p>Bingo 12:45 pm</p>	<p>24 Garden Salad Meatball Grinders Chips & Pickles</p> <p>Tia Chi 10:30 am</p>	<p>25 Tuna Noodle Casserole Vegetable & rolls</p> <p>Bingo 1 PM</p>
<p>28 Garden Salad Ham & Broccoli Casserole</p> <p>Pitch 5:45 pm</p>	<p>29 Garden Salad Shepard's Pie & Rolls</p> <p>Cribbage 1 pm</p>	<p>30 Chicken Patty w/ Roll Oven Fries & Green Beans</p> <p>Bingo 12:45 pm</p>	<p>31 Birthday Party Corned Beef And Cabbage Potato, Carrots, onions & Rolls Cake & Ice Cream</p>	<p>Please sign up the day before for Liver & Onion.</p>

MARCH BIRTHDAYS



4-SHIRLEY HARD

13- ROMONA DORNAN

6- ROBERT MORRISON

14- DENNIS DESAUTELS

10- SARAH BLACKWELL

14- VERNON KEITH

10- MARY CARTER

15- GERALDINE MCKEON

10- DONALD ROBIDOUX

17- LINDA ZALATORES

11- ANN SZTUKA*

18- JULIE VADNAIS

24- SHEILA
FRANCESKETTI

26- ELLIOTTE
BLACKWELL

27- NANCY FORTE

29- JENNIE ARSENAULT

Senior Adult Coloring class

March 14th from 12:30 to 1:30, materials provided free! Join in the National coloring craze! Coloring isn't just for kids anymore! Sponsored by the Warren Public Library and the Warren Senior Center, come join the fun and relax with friends!!

Birthday Party

Our March Birthday Party will be held on Thursday March. 31st. Sign up is required, cut off is Friday 25th at 2:00 pm. The meal, Corned beef and Cabbage, will be served at 11:45. Entertainment is by "Country Duo".

The Worcester County Sheriff's Office

Please join us for an informational presentation on "The Heroin Epidemic and pain medication- the local impact and how to protect your pills" At the Warren Senior Center on Tuesday March 8, 2016 at 11:00 am

Heritage Hearing Care of New England

April 19 from 12:00 to 2:00 Hearing Screening/Hearing Aid check/clean or service (any brand) able to check ear wax build up with a video otoscope
Hearing Aid Batteries \$3.00 for a package of four (4) sign up at the Warren Senior Center

May is better hearing month so come in early!!

VOLUNTEER CORNER

Our Senior Center thrives on its many volunteers for its continued success. This month we are recognizing Richard Pisarski for his continued support and wise council. Richard has been instrumental in hiring contractors for our various past and upcoming projects. Richards enthusiastic no nonsense approach is very refreshing. Thank you Richard!

Fuel Assistance

Fuel assistance is available to those who qualify. If you would like to apply please call the Worcester Community Action Council at 1-508-754-1176 you can request a meeting at the Warren Senior Center.

Reminder

Please do **NOT** park in front of the Village Market during the Birthday Party, or any event held here at the Senior Center. Thank You

WHIST PARTY

The Whist Party is finally here! April 14, 2016. The Penny sale starts at 3:00pm, Whist Party starts at 7:00 pm. lunch is included, tickets are .99 cents each, and are available at the Warren Senior Center.

Council on Aging Executive Board
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Sharon Meli, Director/Editor
Charlene Disley, Lunch Coordinator
Cheryl Gagnon, General Helper
Roberta Harnois, Transportation
Albert Theberge, Maintenance

THANK YOU !!!!!

A special THANK YOU to Garine Arakelian for faithfully designing and formatting our monthly newsletter.

Garine has started a new business **KULINA CreativeConcepts** Gariné (ga-renée) Arakelian

P.O. Box 1082, Warren, MA 01083

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We wish her well and hope it is a big success!!

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